



Training and Competition Schedule

REVISED 31 JAN 14:05

As of TUE 31 JAN 2017

Start Time	Estimated Finish Time	Event
14:00	15:00	Normal Hill - Official Training 1
10:00	11:00	Normal Hill - Official Training 2
10:00	10:35	Normal Hill Individual Gundersen 10km - Trial Round
11:00	11:45	Normal Hill Individual Gundersen 10km - Competition Round
15:30	16:10	Individual Gundersen 10km - Cross Country Race
14:00	15:30	Normal Hill Individual Mass Start 10km - Official Training
10:00	11:00	Mass Start 10km - Cross Country Race
14:30	15:05	Normal Hill Individual Mass Start - Trial Round
15:30	16:05	Normal Hill Individual Mass Start - 1st Competition Round
16:25	17:05	Normal Hill Individual Mass Start - Final Competition Round
10:00	11:00	Normal Hill - Official Training 3
9:30	10:05	Normal Hill Team Gundersen 3x5km - Trial Round
10:30	11:15	Normal Hill Team Gundersen 3x5km - Competition Round
15:00	16:00	Team Gundersen 3x5km - Cross Country Race
	Time 14:00 10:00 10:00 11:00 15:30 14:00 10:00 14:30 15:30 16:25 10:00 9:30 10:30	Time Finish Time 14:00 15:00 10:00 11:00 10:00 10:35 11:00 11:45 15:30 16:10 14:00 15:30 10:00 11:00 14:30 15:05 15:30 16:05 16:25 17:05 10:00 11:00 9:30 10:05 10:30 11:15

Legena				
LH	Large Hill	NH	Normal Hill	

Normal Hill Individual Gundersen 10km competition changed to 1.2.2017 due to weather conditions





---_08 2.1













